émotions interactives d'ici et d'ailleurs

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#12

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Washington, the American Dream, Non-Stop



Ugo Mola

« Ce que le Stade Toulousain sait faire ne s'explique pas »

"What Stade Toulousain does so well is beyond explanation"

AÉROPORT toulouse blagnac



Un rapport au public apprécié des supporters
A rapport with the public that is much appreciated by the supporters

© Stade Toulousain

→ sur l'autorité et sur l'interdit ! Mais, et je m'en excuse, le joueur que j'étais n'a pas souvent rencontré celui qui aurait pu le stimuler. Alors j'essaie de mettre à disposition tous les stimulants possibles afin que mes joueurs s'épanouissent, prennent du plaisir à pratiquer un beau rugby, et progressent.

« Chez nous, pas de grandes phrases placardées, du pragmatisme et du travail. »

they are concerned, you do not show weakness in front of the staff. So I have to be doubly watchful with my players.

You give your senior players more rest than most clubs do. Trust rather than control?

U. M.: As a young coach, you are convinced that competence prevails over everything, so you want to control everything. As you grow older, you understand that on some things →

→ *you have no leverage at all. The first is mental freshness. I would rather have lads who feel good in their "boots" and in their heads as they prepare for an endless season than a physical pre-season that will wipe them out. And it is paradoxical, in fact, because the more slack I give them, the readier they turn up. Sometimes training reassures the coaches more than the players. Not me.*

You also work with companies. Is there an analogy between sport and the world of work?
U. M.: Of course, but there is also a major contradiction, which I point out to the people I meet. I coach 45 players day in, day out, and I only name 15 of them on the team sheet at the weekend, plus eight replacements. Suffice it to say that the level of frustration felt by the other twenty does not really exist in a company. Performance is demanding, and it is sometimes unfair. On the other hand, on a personal level, spending time in other worlds gives me a great deal. I pick up ideas and tools there, the use of new technologies for example.

Does weariness ever get the better of you?
U. M.: Never, and let me tell you a story. Two years ago, after a European semi-final in which nothing had worked, I gathered together the thirty people on my staff. I drew two lines on a board, with the words "tired" and "weary". Then I invited them, without judgement, to put a cross wherever they felt they stood at that precise moment. I had people who were tired, but nobody who was weary. Tiredness can be dealt with; weariness is another matter. Because coaching, as the word suggests, is precisely what carries you along. If you do not turn up with the right energy, you will find every excuse going. And if there is no passion, no emotion, no bond between us, it cannot work.

Twice European champions, six times French champions – what are the goals now?
U. M.: There are no goals! If you enter a competition and you do not want to win it, you have no business being there. Here there are no grand slogans pinned up, no solidarity or leading by example on the walls. Pragmatism and hard work. These walls, on the other hand, are steeped in those who came before us and won. That puts us under an obligation, as they say. This generation is holding something in its hands that it does not yet fully realise, but which could turn it into a legendary generation. All we do is set the scene and guide them.

How does the coach you are today look upon the player you once were?
U. M.: I would have found it very hard to coach the player I was, because he was unbearable, with a serious issue with authority and with anything forbidden! But, and I apologise for it, the player I was did not often come across the person who might have stimulated him. So I try to make every possible stimulus available so that my players can flourish, take pleasure in playing beautiful rugby, and improve.

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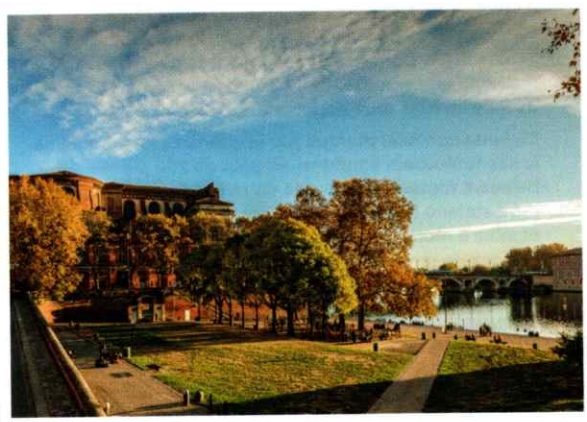
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